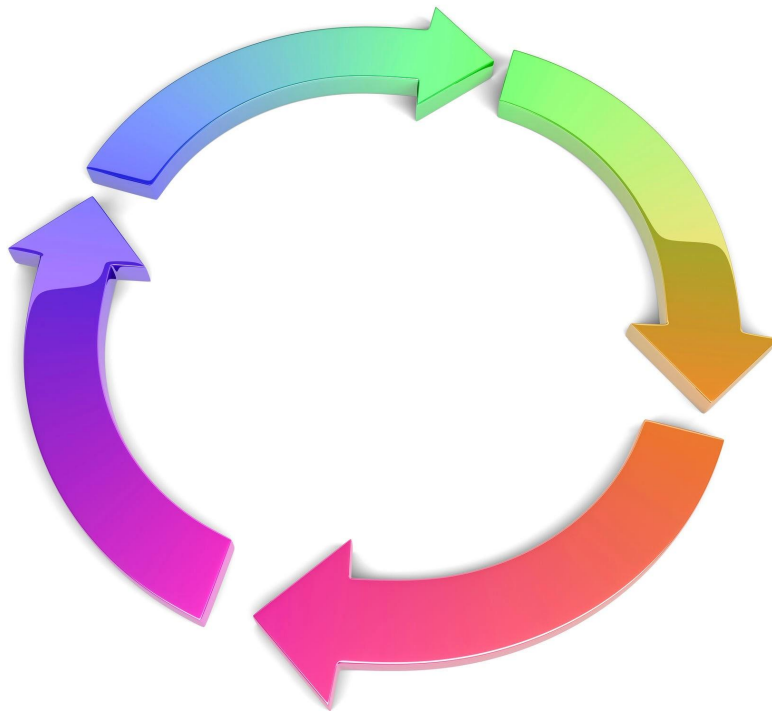
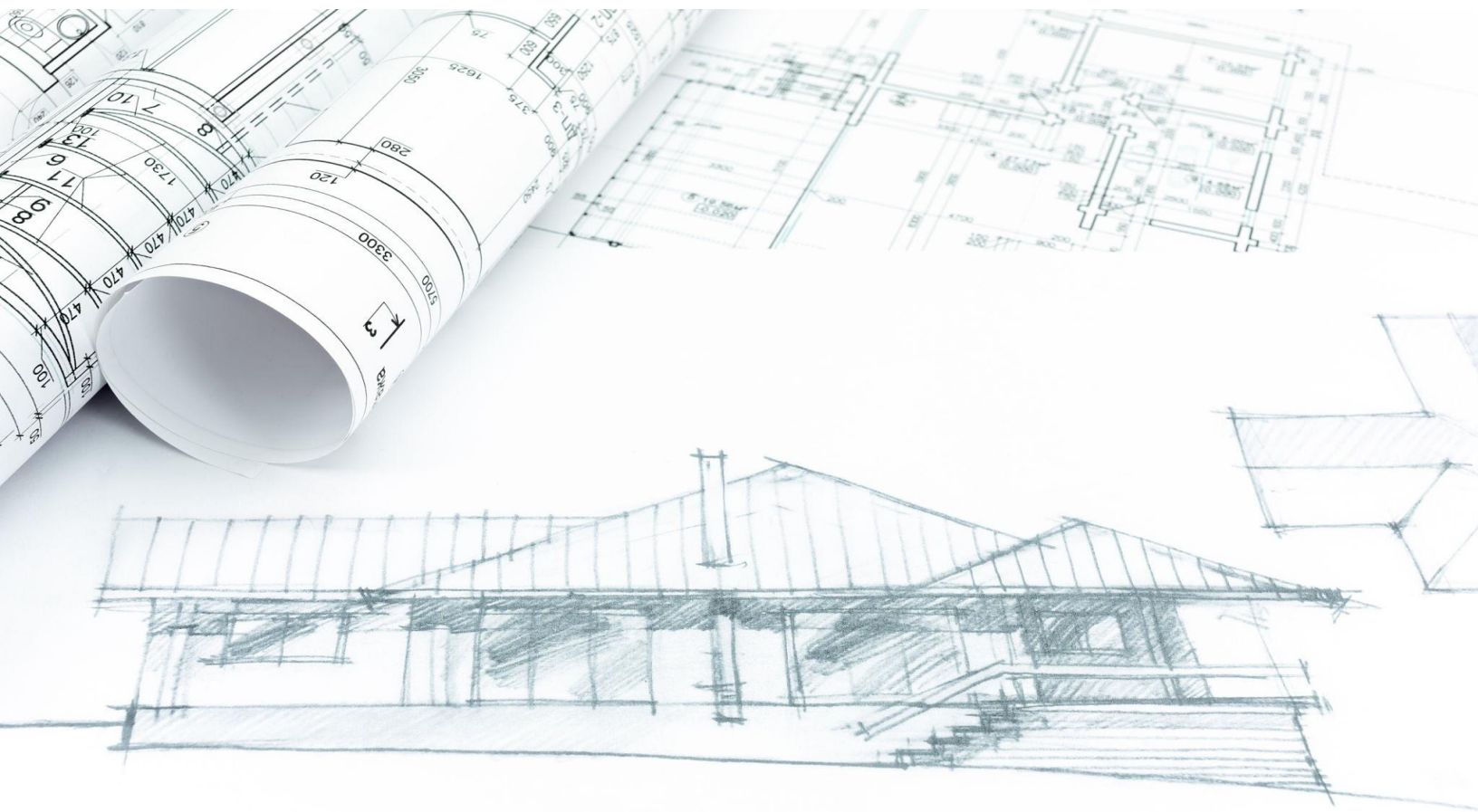


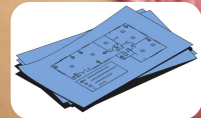
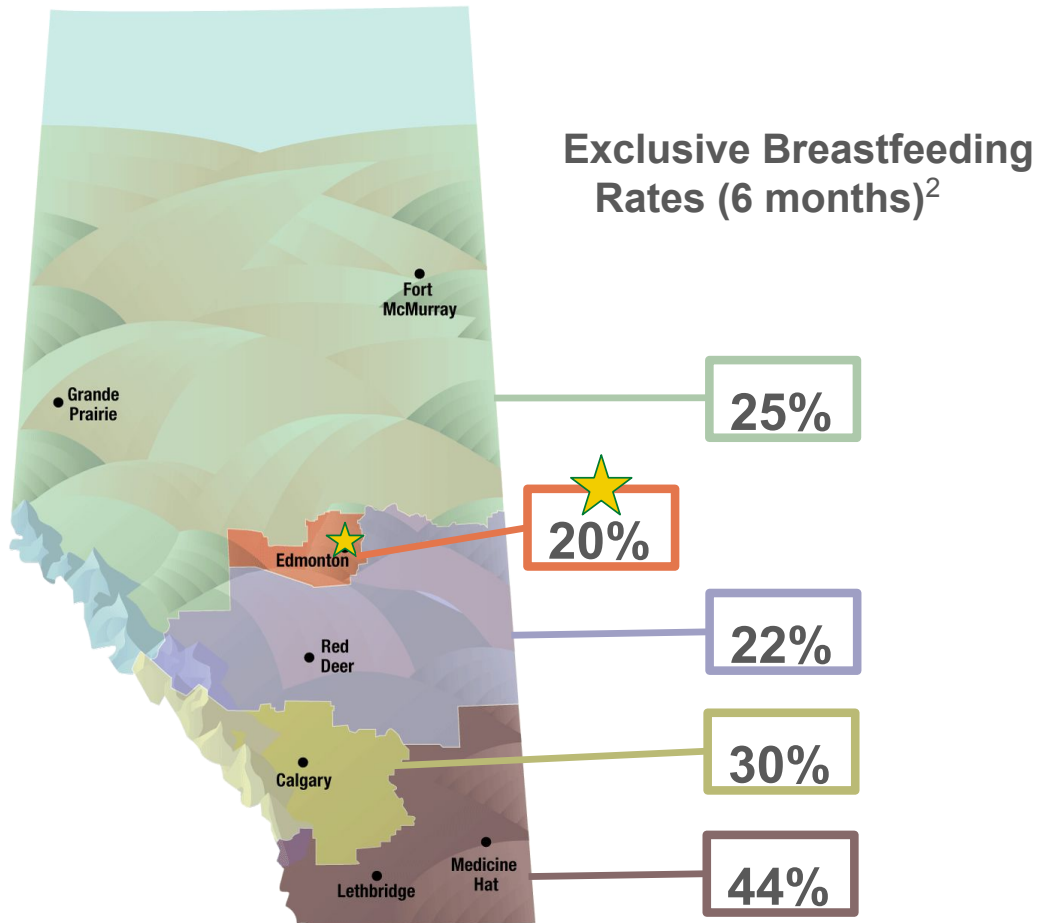
Prenatal Breastfeeding Education: A Canadian Quality Improvement Project to Increase Breastfeeding Rates

Brittney Pederson BA, IBCLC
Sanja Kostov MD, CCFP, FCFP
Lauren Eastman BMedSc, MD, CCFP








38%¹





FREE CLASS

Feeding Your Baby



Making Milk, Pumping

Latching & Positioning


Bottle Feeding





WHAT?
2.5 Hour class taught by an experienced Infant Feeding Specialist

WHEN?
Once per month, daytime class only
Dates & Times available through QR Code

WHERE?
OT Day-Int PCN
300, 11810 131 Avenue NW
Edmonton, AB T5G 0G5
Free Street Parking & Paid Lot Parking

Sign Up & Information

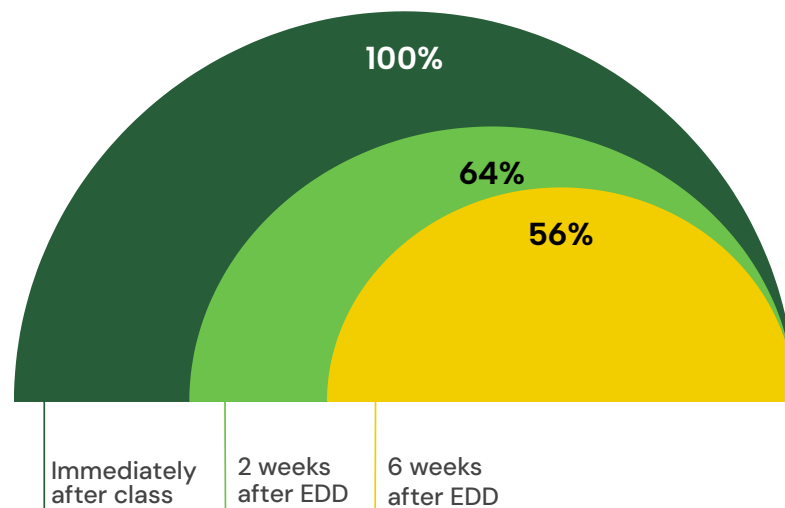








Survey Completion (n=36)



My confidence in feeding my infant is...

Median Confidence

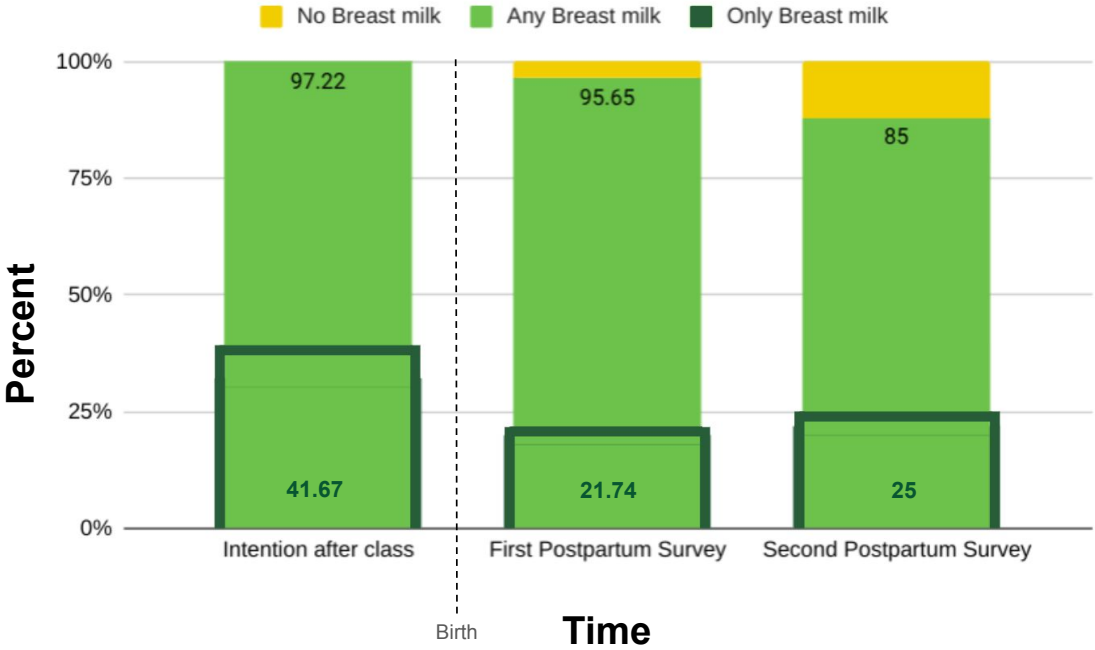
Before class= 2

After Class= 4



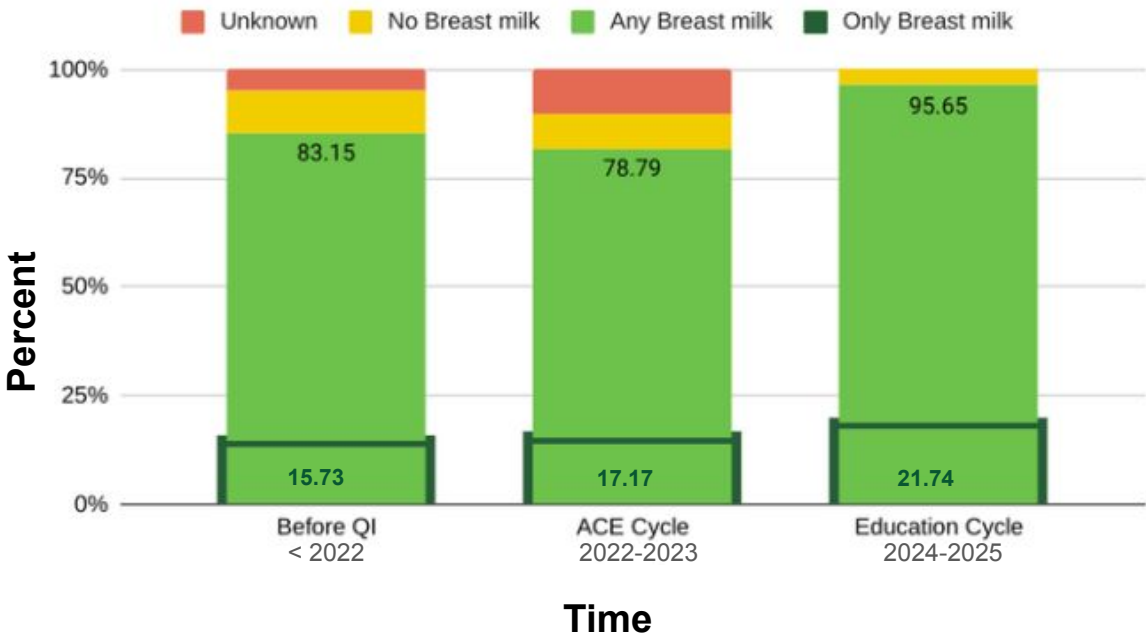


Intended & Actual Feeding Methods

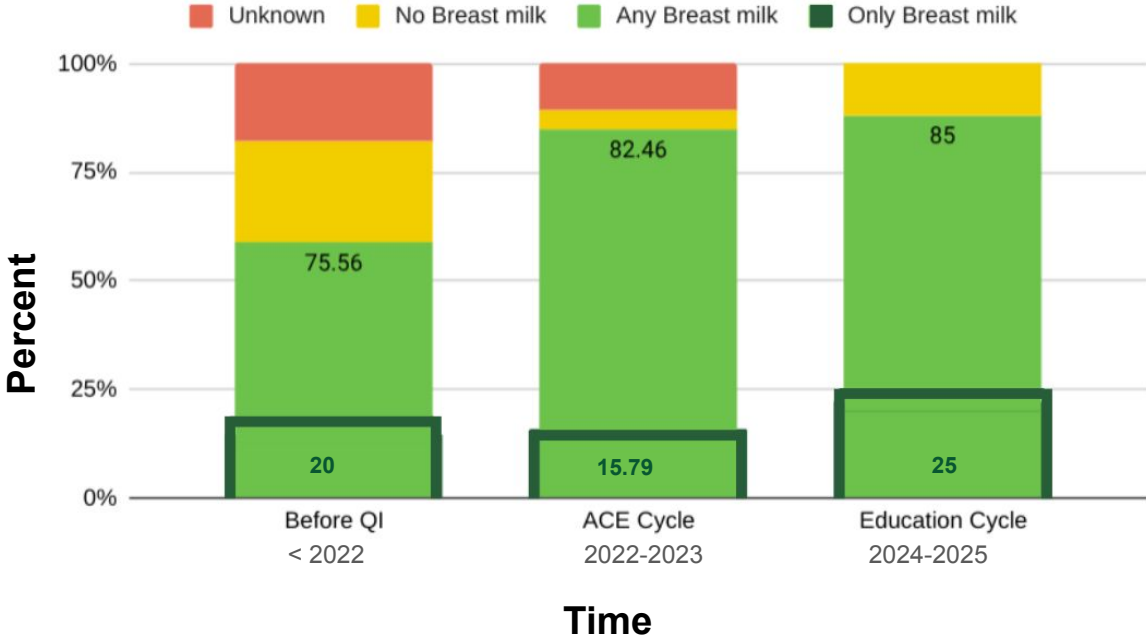




Feeding Method ~ 2 Weeks Postpartum

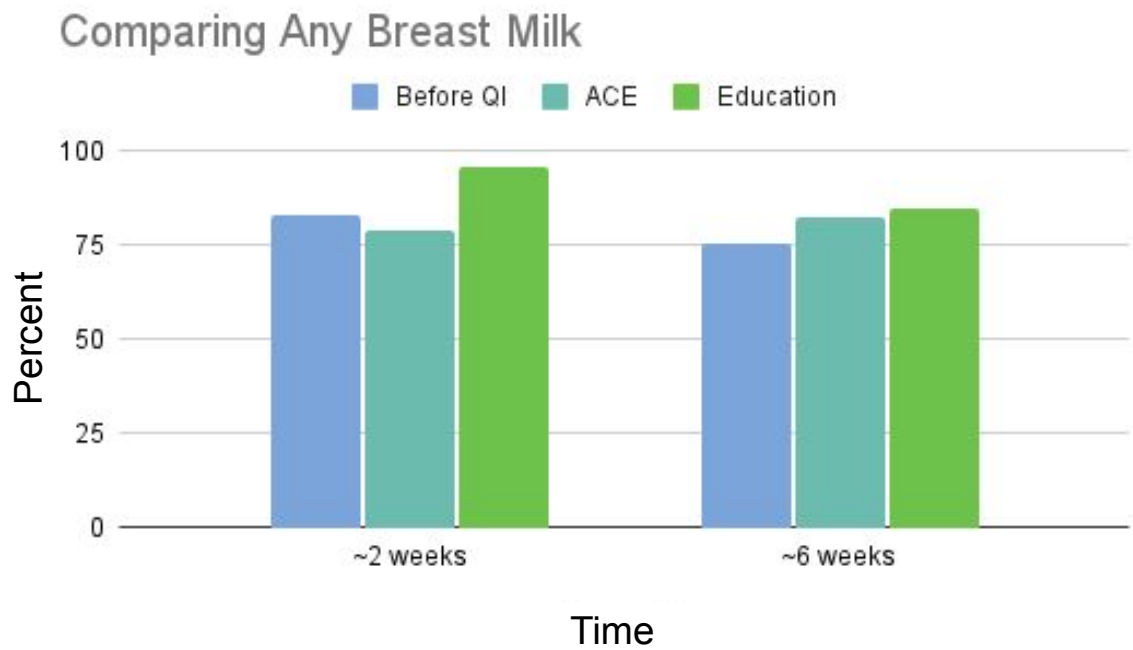


Feeding Method ~ 6 Weeks Postpartum

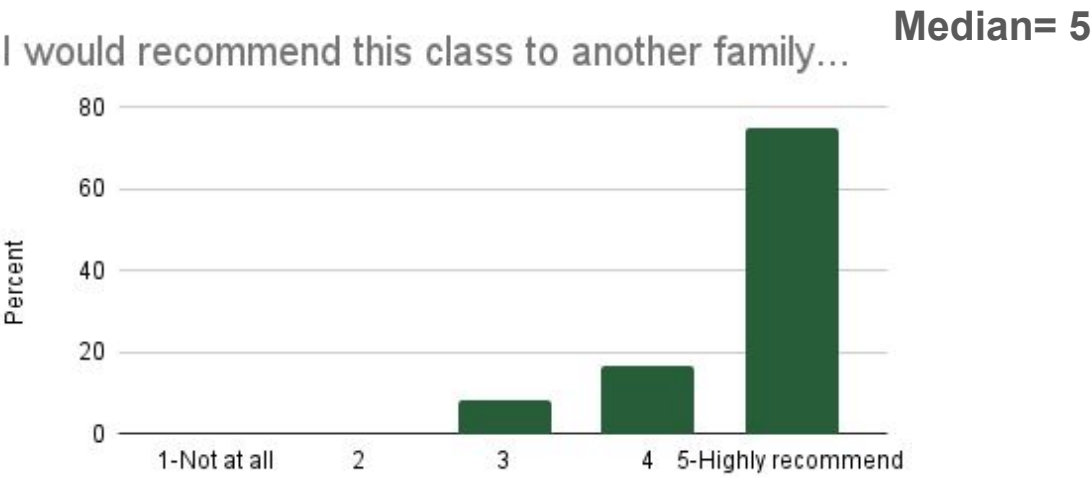




Feeding Any Breastmilk



Parent Satisfaction







Drs. Yvonne Efegoma, Taryn Wicijowski, Agnieszka Zurek, Ashton Cox

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